

Matthew 6:19-34

Introduction: HOW TO DEAL WITH "FOMO"

Today's passage is a continuation of Jesus' teachings which began in Matthew 5:1-2 -

"Seeing the crowds, he went up on the mountain, and when he sat down, his disciples came to him. And he opened his mouth and taught them, saying:"

It can basically be broken up into two parts. The first deals with our understanding of "treasure" (or wealth), while the second deals with anxiety. Another way to put it: the former deals with our outside actions, while the latter deals with our inner condition.

Contextually for you and I today, there is one overarching theme especially relevant to the modern Singaporean mind: FOMO (Fear of missing out), better known locally as "kiasu-ism". We have a tendency to worry about a ton of things, including the things that have not even happened. How does Jesus address both our actions, and our inner condition?

Interestingly: Jesus spoke about money roughly 15% of his preaching and 11 out of 39 parables. To be clear, money was never the central focus, but rather it was usually included to teach us about a greater truth, which we will see in verse 34.

Jesus' advice about wealth:	Jesus' advice about anxiety:
<ol style="list-style-type: none">1. Our actions will determine what we treasure the most. (v. 19-21)2. It is important what our eyes are fixed on. (v. 22-23)3. The pursuit of wealth can easily become an idol. (v.24)	<ol style="list-style-type: none">1. Don't worry for our daily needs; God already knows. (v. 25-26; cf. Matthew 6:5-13)2. Worrying has no value. (V. 27)3. You are of great value. (v. 28-32)
Ultimately: seek Him and His Kingdom. (v. 33-34)	
Main point: Christ is our treasure and our antidote to anxiety!	